

October 7th Art Processing

GOAL:

Participants will better understand the state of Israel post-October 7th.

Experiences connected to the October 7th events can be exhausting. They bring up strong emotions, making us face a reality beyond our imagination. Art is an engaging way to encourage reflection and processing. These cards use images created by Israeli artists after October 7th. You can use the cards to process personal experiences connected to October 7th, or as a tool to understand Israel better. The art cards can be used following a specific experience or as a tool to reflect on the Israel Trek as a whole.

IMPORTANT TIPS:

- Working with cards doesn't fit every group. The cards are supposed to serve us and not the other way around. Hence, if they are in the way of group dynamics, do not use them.
- Art cards are most beneficial when the group encounters difficulty expressing emotions and thoughts due to the nature of the group or the nature of the experience.
- The magic of using art cards is that everyone sees something different in them. This is not only okay, it is the essence of using art cards as a reflective tool. Hence, there are no "right" or "wrong" responses to the broad range of emotions the images evoke.
- The power of images lies in their ability to elicit a response - often metaphoric. Don't get too hung up on the "facts" of the photo.
- If someone chooses an art card at random and they do not like it, it is better to choose an additional card rather than switch it. This challenges the participant to use their imagination.
- After providing instructions, the facilitator should demonstrate what they mean by choosing an art card and talking about it. This is important for participants who have never participated in an activity like this, to understand what it is about and set the tone for an open and honest conversation.
- You can start working with the art cards in pairs or in small groups and then come together to share them with the whole group.

WORKING WITH ART CARDS:

There are two main ways to work with art cards:

1. Spread out all the art cards and ask the participants to choose one or several.
2. Ask the participants to choose one or several art cards from a closed deck (cards face down). The facilitator may hold the cards face down in their hand, or spread them on the floor.

ACTIVITIES:

If you choose to work with the cards face down, consider the prompts below.

Ask participants to choose:

1. Two art cards, and find the connection between them.
2. One art card, and spontaneously tell a personal story that this card evokes.
3. One art card, and think of the artist's motivation for creating it.
4. One art card, and share with a partner or in small groups how the card connects to an experience they had.
5. One art card, and reflect on the lesson one can learn from it.

If you prefer to work with the art cards face up, here are a few prompts you can provide to participants.

Ask participants to choose:

1. One art card that represents their experience or that resonates with a specific moment or with something they heard.
2. Three art cards that tell the story of their experience / their day / their Israel Trek.
3. One art card that represents their emotions.
4. One art card that represents Israel's state after October 7th.
5. Two art cards, and find the differences/similarities between them.
6. One art card they think will be meaningful for the person sitting to their right, and give it to them.
7. One art card that represents a meaningful insight or conclusion they had following the experience.
8. Two art cards: one that represents how they started the experience, and one represents how they ended it.
9. Two art cards: one that represents Israel's current state, and one that represents what Israelis hope for the future.
10. Two art cards: one representing how the world sees Israel, and one that represents how Israel sees itself.

October 7th

Reflection Art Cards

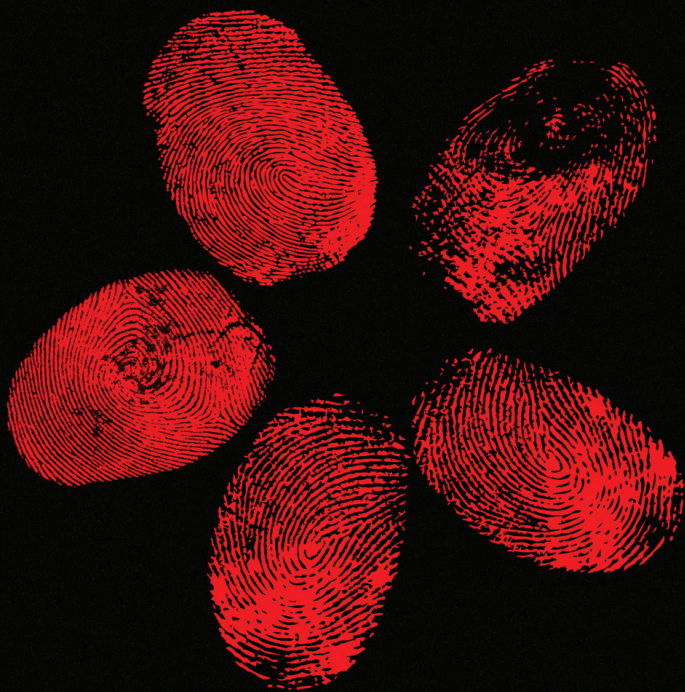




Alice Korenyouk



Alona Zukerman



Amit Asulin



Amit Koren

The Horror

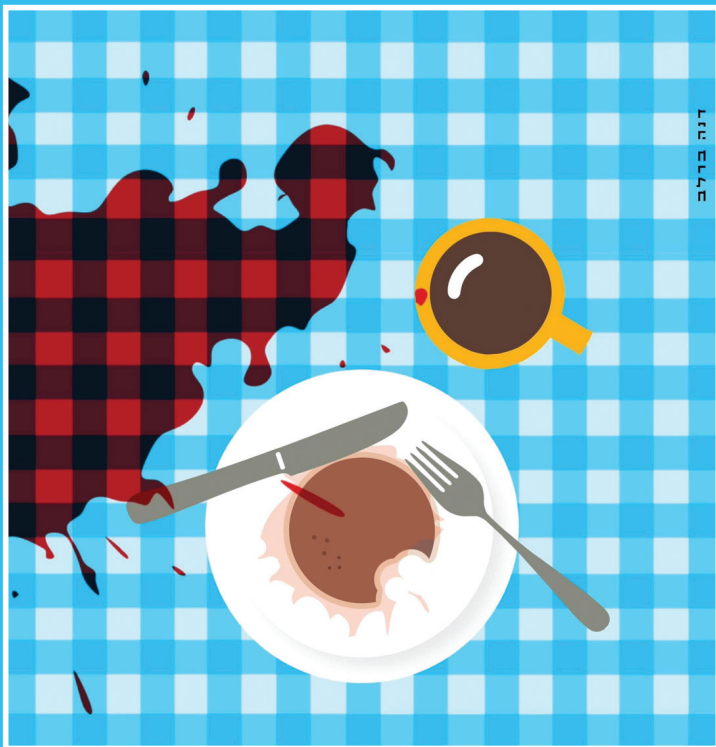


Avital Santo

**HOW IS
THIS REAL**



Avital Santo



Dana Barlev

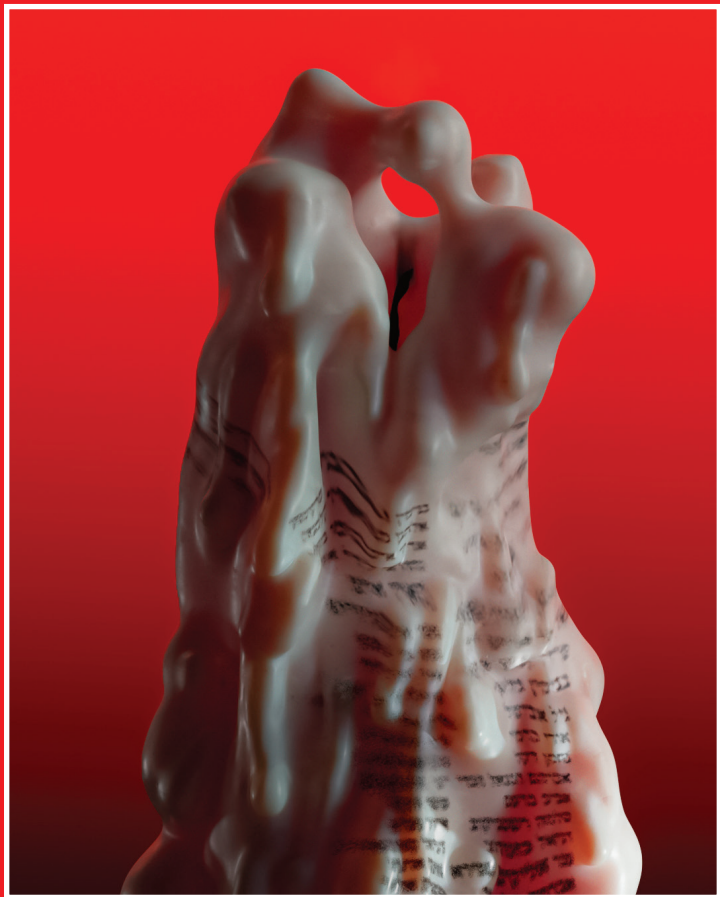


Dana Barlev



Daniella Resnick

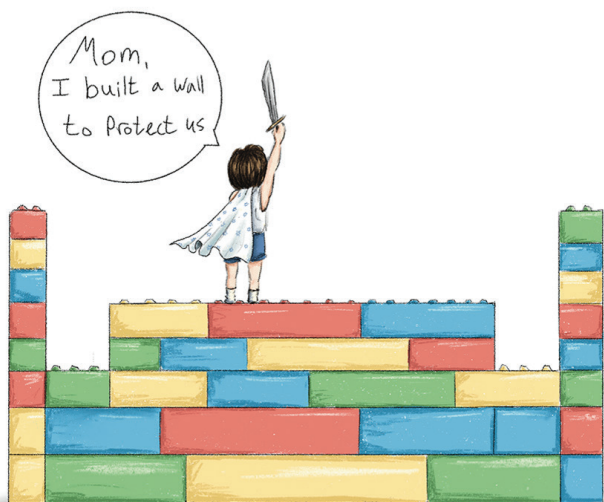




Dor Sagiv



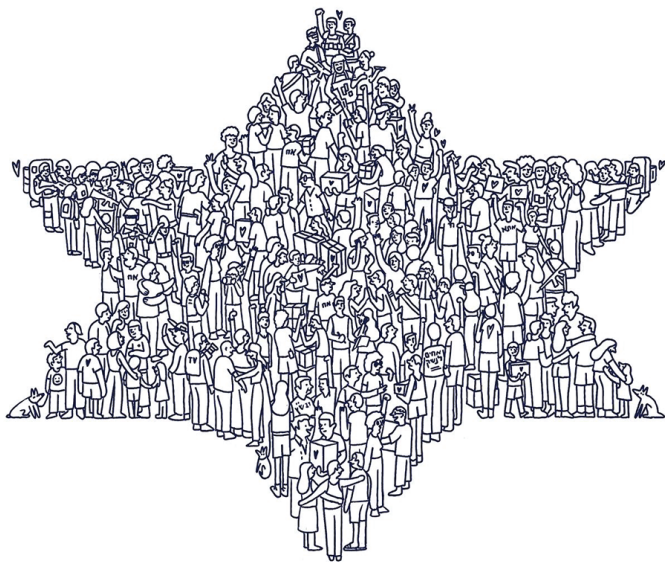
Doron Taussy



Gal Kronkop



Gayane Gasparian



Gil Blackman

7.10.2023



THIS IS NOT HOW WE
IMAGINED THE DOVE

Hagar Liberman



Hannah Heifetz



Ira Ginzburg



Ira Ginzburg



OH MY HEART

Kadya

7 OCTOBER 2023

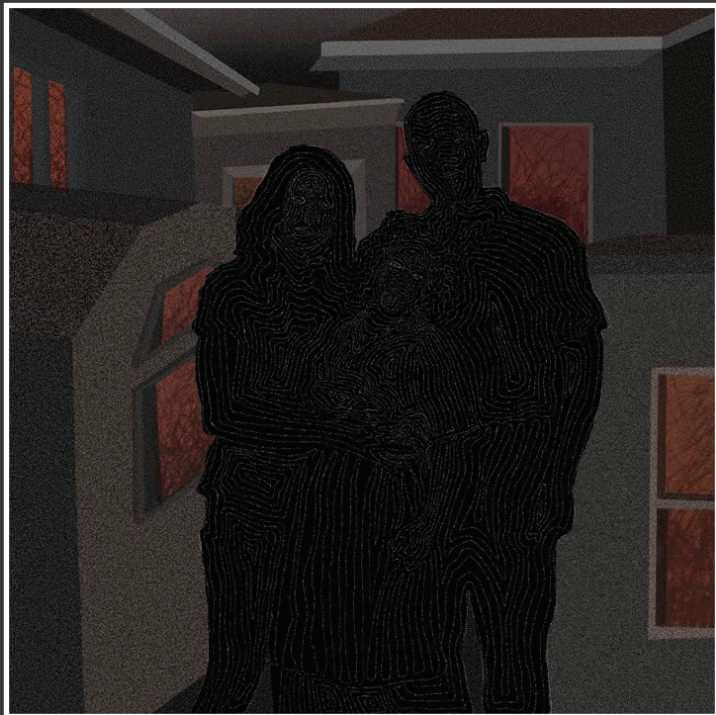


Karin Mel

7 OCTOBER 2023



Karin Mel



Keren Golan



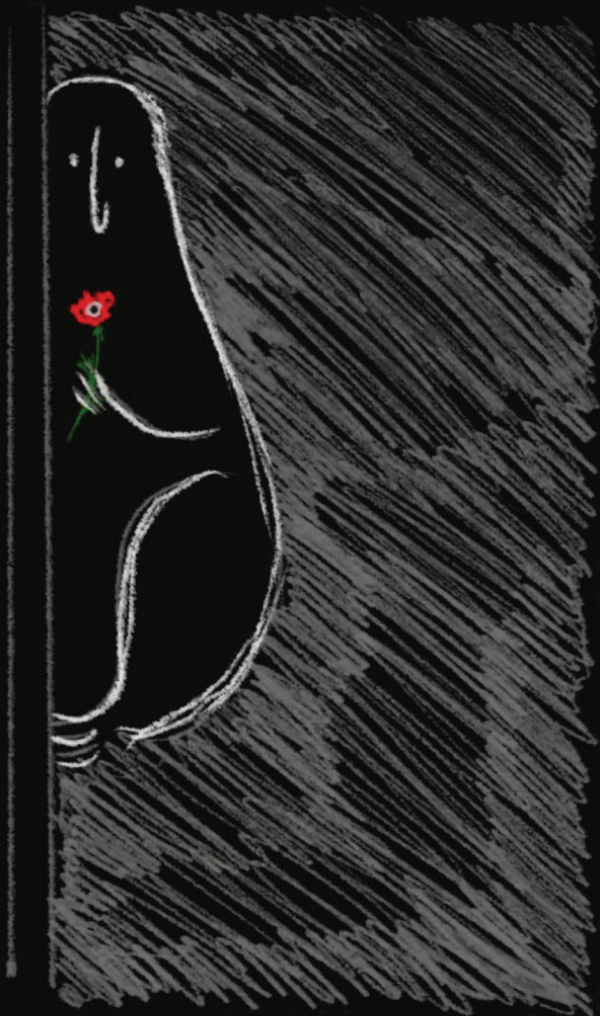
Linoy Tsaban



Lir Bar



Maayan Tzuriel



Mariia Pavlova



Neta Cohen



Bread
Cookies
Coffee
Rice

Baby Formula

Shampoo

Long sleeve shirts

Sanitary pads

Flashlights

Knee pads

Ceramic vests

Israel-Hamas War, 7 October 2023

Nir Tober



Noam Malka



אסור לקטוף את פרחי הגן

Ofir Hait



7.10.23

WE WILL NEVER FORGET

Or Livneh

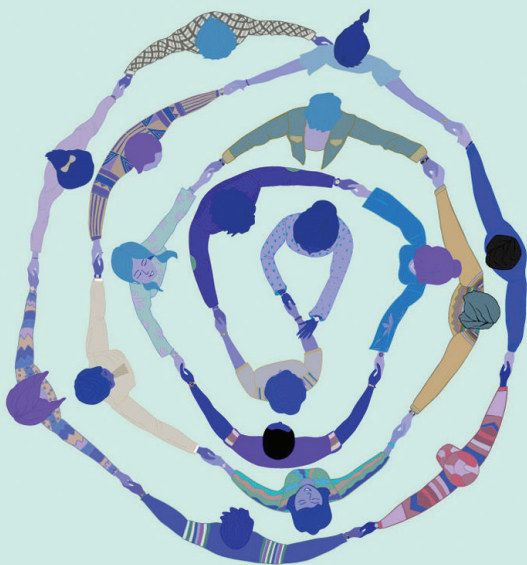


Or Yogev



NEIGHBORS

Orly Rozen



WE WILL DANCE AGAIN

Ravid Don

אנשים שבורים,
מנסים להתנהג נורמאלי



Revital Ziv

SHE WILL DANCE AGAIN



ISRAEL WILL DANCE AGAIN

Rotem Hagay



STRONGER TOGETHER!

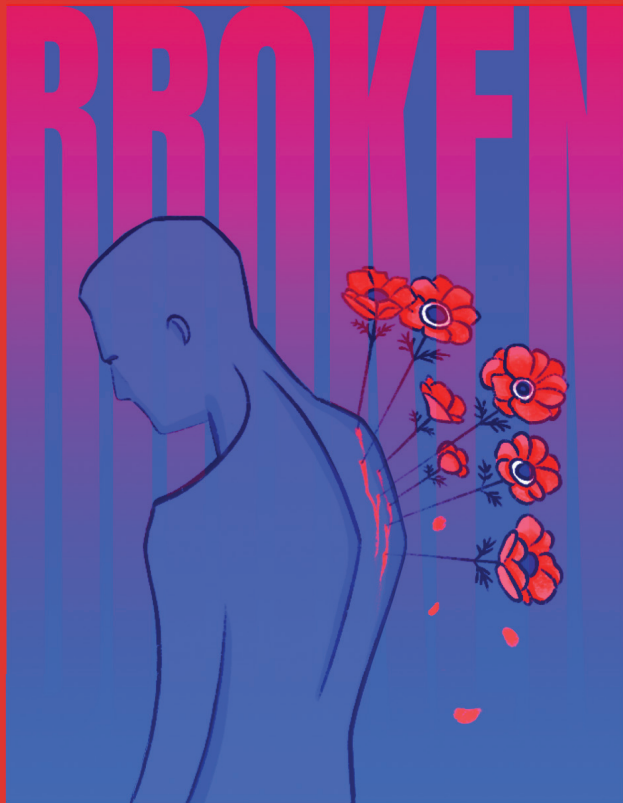
Rotem Kalimi



Rotem Maor



Rotem Maor



Rotem Maor



שקד שביט

Shaked Shavit



Shay Segal



Shira Krankurs



Shiri Harel Albo

This must be



**STAND
WITH
ISRAEL**

WEEPING WOMAN, GUERNICA, PICASSO

a bad dream

Vered Bloch



OCTOBER 7 2023

Yael Bodasher

Forever



Heartbroken

Yifat Petraro

